

Legion of Mary
SENATUS OF LOS ANGELES
www.LA-Senatus.org

Newsnotes

IMPORTANT

We wish to inform our councils that it has always been strictly forbidden by the Concilium to reproduce copies of the actual council minutes and then send these copies to other councils, except the higher council to which they are attached and the correspondent. We wish to stress that the Newsnotes are an extract of our actual minutes and would contain a brief summary of few items that would be of proper interest to our lower councils and praesidia. If you have important events or news that you would like to share, please send it to the Senatus Board.

Dear Sisters and Brothers.

May these Newsnotes of the Senatus of Los Angeles find you all doing well. The 785th meeting of the Senatus of Los Angeles was held on February 19, Thursday, in the School Parish Hall of Christ the King Catholic Church.

Concilium Letter (Message from Sr. Patricia O' Donaghue)

- Sr. Patricia said that a Senatus plan is needed to discuss many recruiting drives to build the Legion and keep it alive as our membership is getting older and a few young people are coming towards us. She is suggesting to conduct these drives in parishes, local colleges or campuses, young men's groups, and others. She quote, "As we get older, we are aware we must do what we can now, as we may not always have the ability or energy to keep going. Have you thought about who will replace you when God takes you from the world?"
- Sr, Patricia noticed that we do not have a title of Our Lady for the Senatus; she thinks that the more titles of our Lady we can have for the Senatus, the praesidia and curiae, the greatest the litany of our Lady. We can make it a wonderful joy to have a banner for each at our ACIES.
- She sees that the attendance at Senatus is a little low for the praesidia officers whose duty it is to attend. She is asking the Senatus to tell them (on their visits) how much they are missed by the Blessed Mother who calls them to be part of this body to help their diocese.

Sr. Patricia's Feedback on the Annual Report of the Mother of Perpetual Help Curia (quoted from the letter)

Angeles Northeast Curia. "It was great to see your attendance at the Curia as 79%, that's a great headline for all. Well done on getting Patricians started and I hope that your first meeting in April goes well. Always taking steps, is the name of the game. It was great to see so many visits of the Pilgrim Statue to 73 homes. Never underestimate the importance of this visit, especially now with so many countries at war. We must pray for peace and the rosary is really a very important part of world peace. Also promoting the First Saturdays."

Korean Comitium. "It was truly wonderful to see you have 2 junior praesidia, these are vital times for children and I hope they are given challenging works. Could they start rosary groups for other children? Would it be possible to have childrens adoration? Maybe for 15 minutes. Think outside the box and give them challenging things to do."

“Keep trying to give challenging works to your adults also, maybe a monthly street contact time. Getting as many legionaries as you can to meet up together, go in pairs onto the streets with medals and smiles and the love of their mother to bring. Maybe it would be possible to say a rosary together somewhere to finish, either on the street, a park or church.”

Report from Concilium (from Sr. Patricia’s letter): 15th February. Africa. Democratic Republic of Congo. **Kinshasa Regia.** Legionaries approached gangster groups to stop their massacre of the population. 529 young delinquents were approached. Many promised they would give up their activities. **Asia Singapore.** A University praesidium distribute miraculous medals and share their faith with fellow students. **South America.** Buenos Aires. A men’s praesidium do late night contact work in gay and red-light areas. **Europe.** Austria Curia Wien. 17 legionaries and 7 priests had 700 contacts at Esoteric Fair in November. Many confessions were heard. Ireland. Ferns Curia. Since legionaries in New Ross started reciting a quayside rosary and Divine Mercy Chaplet the Garda (police) have confirmed that there has been no report of a suicide in the area which had been the scene of a number of tragedies in the past. Kilkenny City. After 6 years without a legion presence Carlow Curia have started a new praesidium in the city.

The Concilium are doing a census of membership and she must have the numbers of active members especially for 2025. They want to know that all legionaries are insured by their legion for public liability for their works and meetings.

The Concilium is also looking for the audit for 2025. She said that this has not been mentioned in our minutes, so it has to be brought up in the next meeting and assign auditors to this task (forms attached to the email). She asks that these items be forwarded to her in the next minutes.

Announcement

- Congress scheduled on June 13, 2026 – from 8 to 3:30 pm for the Senatus attached praesidia.
Venue: Christ the King Church.

Allocutio – St. John the Baptist, by Fr. Joseph Dass

“If anyone wishes to come after me, he must deny himself and take up his cross daily and follow me.” (Lk 9:23)
Crucifixion was well known to the Jewish people of Jesus time. Here our Blessed Lord is pointing out the close connection existing between His passion and death on the Cross and the suffering and pain that is in store for those who profess their faith in Him and strive to follow His footsteps. One of the great paradoxes of pain and suffering is this: We, human beings, have a greater capacity for pain than we have for pleasure. A pleasure can reach a point where it can give us pain, for example, tickling. The curve of pleasure quickly rises and too often it drops suddenly and make the child end up in tears. The pleasure of honey-moons do not last long. Suffering on the other hand increases and our capacity for it – often increases as well. When suffering pain – one might say: “I can’t take it anymore,” But with God’s grace can still go on enduring the pain and suffering. Why is it that we have a greater capacity to pain than pleasure? Probably because it was so intended by God that all pain and suffering should be exhausted in this life – and in the life to come there will be no more suffering and pain where the Lord God will wipe away our tears. Hence, St. Paul says: “The sorrows of this life are not worthy to be compared with the joys that are to come. Pain and suffering can either make us saints or hardened sinners. Pain and suffering can either lift us up or pull us down. These two functions of pain and suffering were perfectly exemplified by the two thieves who were crucified on either side of our Blessed Lord. The thief on the left verified Our Blessed Lord to prove Himself if He is the Son of God and step down from the Cross and take him down as well. But the thief on the right when he heard the prayer for forgiveness from the Lord, he turned to the Lord and cried, “Remember me when you come into your kingdom.” The response came back: “This day you will be with me in Paradise..” And the thief died a thief for he stole paradise.

I slipped His fingers, I escaped His feet; I ran and hid for Him I feared to meet.
One day I passed Him fettered on a tree; He turned His head and looked and beckoned me.
Neither by speed nor strength could He prevail; Each hand and foot was pinioned by a nail
He could not run or clasp me if He tried; But with His eyes, He bade me to His side.
For pity’s sake thought I, I’ll set you free; ‘Nay’, He said “hold this Cross and follow me.”
This yoke is easy, this burden light; Not hard or grievous if you wear it tight

So I did follow Him who could not move; An uncaught captive in the arms of love.

Old & New Business

- Sr. Carmelene gave guidelines on how to open a new account.
- Online Senate Manuals (located under the “Members” tab) and Giveaways.
- Subscribe to Maria Legionis at <https://marialeionis.com>
- Prayer requests for the health and healing of Srs. Patricia O’ Donaghue, Elisa Pazirandeh, Norma Gonzalez, Melba Muyco, Josie Baril, & Sheila Daly

Praesidium & Council Visitation

- **Praesidium Visitation**
Sr. Mary Szachman and partner of Immaculate Heart of Mary to visit Our Lady of Assumption.
- **Council Visitation**
 - Br. Ramir Montealegre and partner to visit Lynwood-Whittier English Curia.
 - Senatus Officers visited Our Lady of Perpetual Help Vietnamese Curia on March 14, 2026.

Supplies Order & Status: Please order through our website: www.la-senatus.org two weeks prior to meeting

Upcoming Events:

- **Board Meeting:** April 2, 2026 (Thurs), 9:30 AM, Br. Dan Dunkin’s Residence
- **Senatus Meeting** – April 16, 2026 (Thurs) 7:00 PM Christ the King Church